
HOCKEY EASTERN ONTARIO

One Team, One Mission, One Goal



MEMO

To: District Chairs, MHA's,

CC: HEO Board of Directors, HEO Staff

From: Jeff Robert , HEO

Date: October 11th, 2024

Re: **HEO District U9 U7 Coordinators District Chairs District Mentors**

Good afternoon,

With the 2024-25 hockey season already upon us we wanted to take this opportunity to wish everyone well and to inform you of a new opportunity for your U9 coaches being presented by Hockey Eastern Ontario this year. As you know the HEO Mentorship program has been in place for U7 coaches for many years and last year was extended to include U9 coaches. In the past Districts have provided their own Mentors where possible.

- Starting in the 2024 season, HEO has moved from the Districts nominating their U7 and or U9 District Coordinators to HEO trained NCCP Coach 1 Clinic Instructors taking on the position
- It is our intent to move the DC position to more of a mentorship role post coach clinic. We want to extend the Coach 1 clinic out- into the MHA's, and have our Clinic facilitators work with our coaches to mentor them on topics that were taught in the C1 clinic
- All clinic facilitators are trained by the CAC (Coaching Association of Canada) on how to teach fundamental skills and aid in development at certain age groups. They are trained in Long Term Player Development and pass that knowledge to our coaches in our C1 Clinics.
- The goal is to add on to our C1 clinic and have our Clinic Facilitators guide our coaches throughout the year. We would also like to also add Professional Development clinics in season for our U7 and U9 Coaches. These PD clinics will be delivered by our DC's- who are trained to deliver coach clinics- and will be able to provide our U7 and U9 coaches education as the season progresses

- In some instances, we will work side by side with existing Mentoring programs, while in others, we are prepared to meet with coaches at least three times a year in both classroom and on ice settings.
- Our intention is to ensure that all our U7 and U9 coaches receive the support they need as they make their way through their first seasons and that they get the opportunity to share experiences with the fellow coaches as well as our HEO Facilitator staff.
- HEO has already created planned workshops with a few Districts which involve information nights for parents, clinic extension presentations for coaches and parents, and on ice sessions for coaches and players.
- We understand that each District and association will have specific needs which we will be happy to address, and we will be able to tailor our assistance to address these considerations.
- There is no additional cost to the MHA and or District. All costs for this will be covered by HEO

MHA/ District request:

- We ask that all Districts and or MHA's submit the names and contact information of the person(s) in your District/MHA who would be the most directly involved in your U7 and U9 Programming and we will reach out to them to begin the process.

These names are to be submitted to **Jeff Robert:** jrobert@hockeyeasternontario.ca
We ask that all names be submitted by Oct 18th, 2024 so that we can start the process