
HOCKEY EASTERN ONTARIO

One Team, One Mission, One Goal



MEMO

To: Association/League Presidents, District Chairs

CC: HEO Board of Directors, HEO Staff

From: HEO Staff

Date: January 22, 2025

Re: **Clarification on Player Pathway Pre-Tryout Practice/Skill Sessions**

We have been advised that there has been some confusion as to when Pre-Tryout Practice/Skill Sessions can occur.

As we Highly encourage players to take part in other sports and activities over the Spring and Summer Months, we need to remain cognizant of other sports timetables and seasonal structures. Please see the following criteria below:

1. Players must be offered a minimum of four (4) optional practice/skill sessions prior to the start of formal evaluations. In order to ensure players can complete other summer sport activities, it is recommended that these optional sessions also occur post Labour Day weekend. These can be four one-hour sessions, or three 1.5-hour sessions, each on a separate day. These sessions are Mandatory for Associations to offer and facilitate.
2. No evaluation / selection / or tryouts prior to the Tuesday following Labour Day, including any point during the previous season, or the off season prior to Labour Day.