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Announcing HEO/Lessons from Behind the Glass video series

The board and staff of Hockey Eastern Ontario, Allyson Tufts and myself, Debbie Rambeau, are excited to announce the HEO/Lessons from Behind the Glass video series. The series will be launching on September 14th, 2017 and will offer something each week for hockey parents throughout the 2017-2018 hockey season. The series has ten videos based on Mrs. Tufts' book "Lessons from Behind the Glass". They are filled with interviews from people around the sport who have all learned many lessons in their own hockey journey. Some of the lessons we cover are "Don't force your passion, your child will find their own" to "Play through the Politics".

"Lessons from Behind the Glass" is a book she wrote about the experiences she had as a hockey Mom. Allyson wanted to tell an honest story of many moments in the rink that she wasn't proud of so that other parents could learn from her mistakes. She knew she could not go back and change the experience for her son, therefore she wanted to provide a tool to hockey parents so they didn't look back with any regrets. She has had the opportunity to travel across Canada and speak to many people who told her they could relate to her crazy stories from the book and the lessons helped them immensely. We are so proud and so happy that Allyson has partnered with Hockey Eastern Ontario to assist parents in this incredible hockey journey.

The video series is filled with interviews from coaches, referees, young players, and most importantly fellow hockey parents sharing their stories. We will also be sending out an article with tips and stories to follow each video. The article will offer advice, tools, and many laughs to help you as you help to navigate your young player through our nations #1 sport.

As summer is coming to an end, leaves are starting to change colour, and skates are getting sharpened, the Board and Staff of Hockey Eastern Ontario want to wish you and your young player an incredible hockey season. Take a moment in the arena, while you're waiting in the car, or in the comfort of your own home to watch the video series and read the articles. We will keep you entertained through the 2017/2018 hockey season. We hope the HEO/Lessons from Behind the Glass video series will help you to enjoy the upcoming season and offer you tools to manage those moments in the rink when the passion for the game can steal your sanity.

For more information or to purchase the book Lessons from Behind the Glass go to www.lessonsfrombehindtheglass.com.