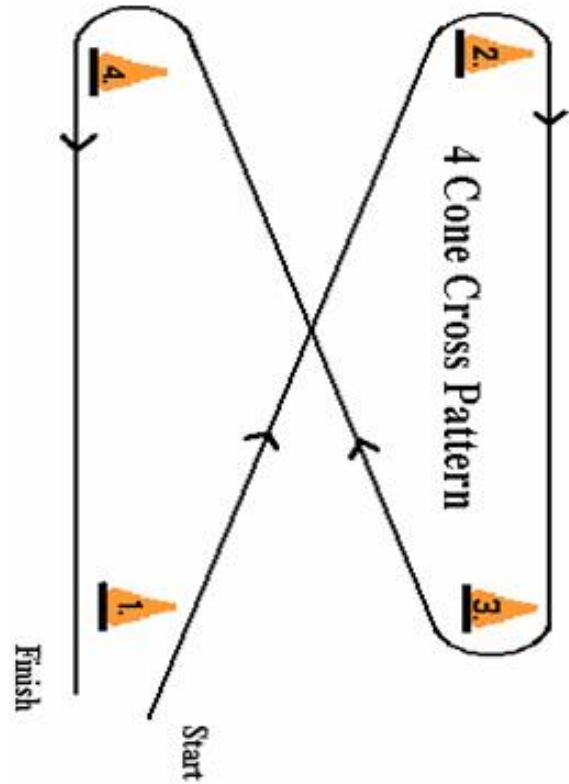
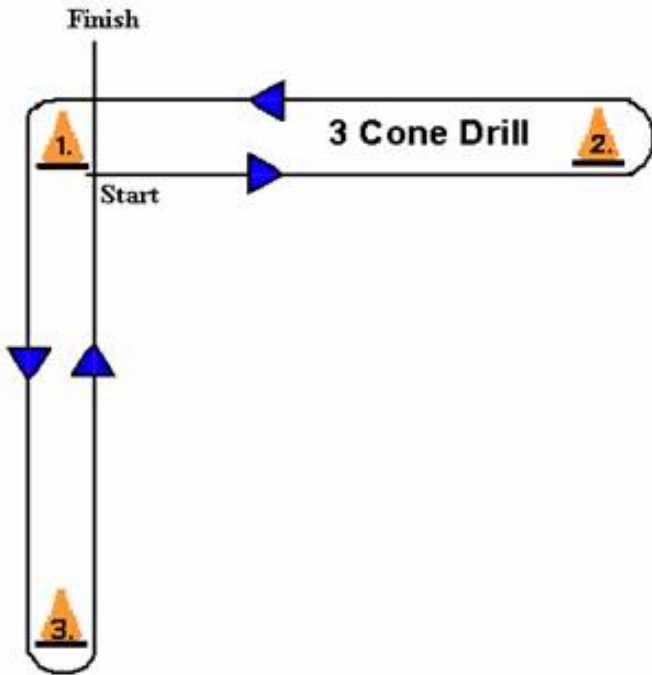
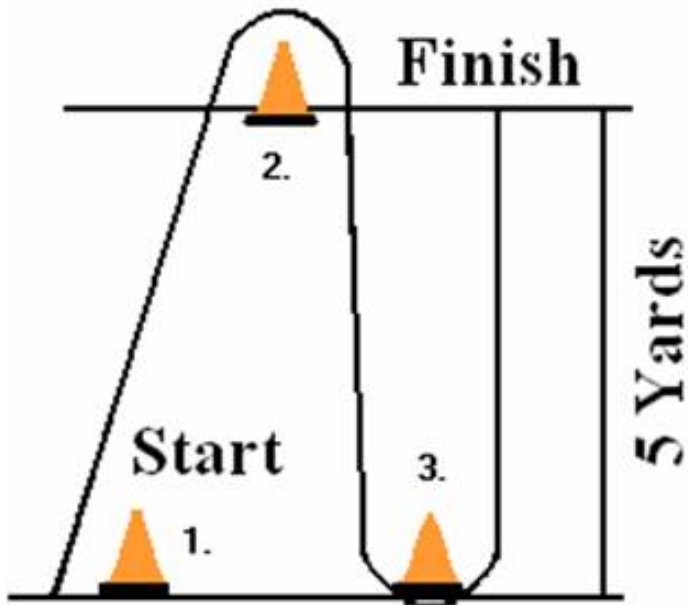


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A Composite Diagram of Cone Drills Page1

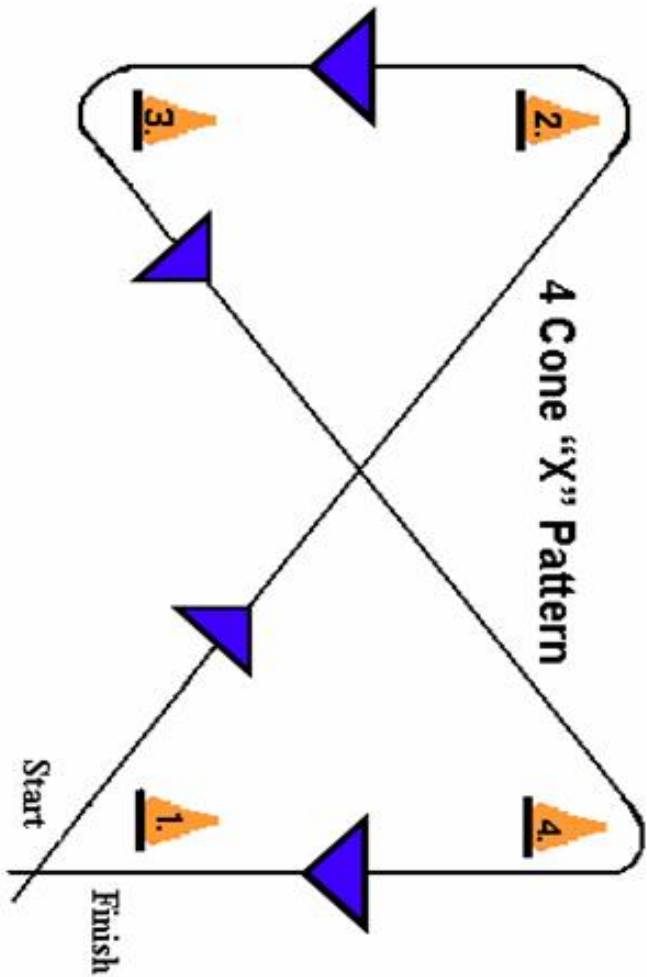
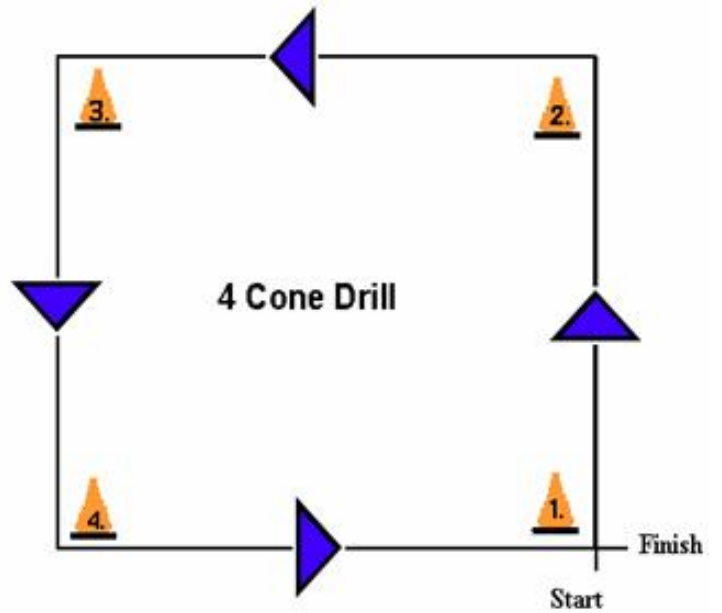
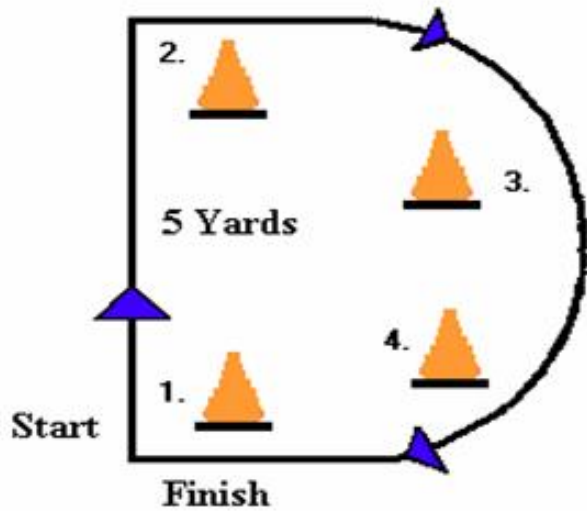


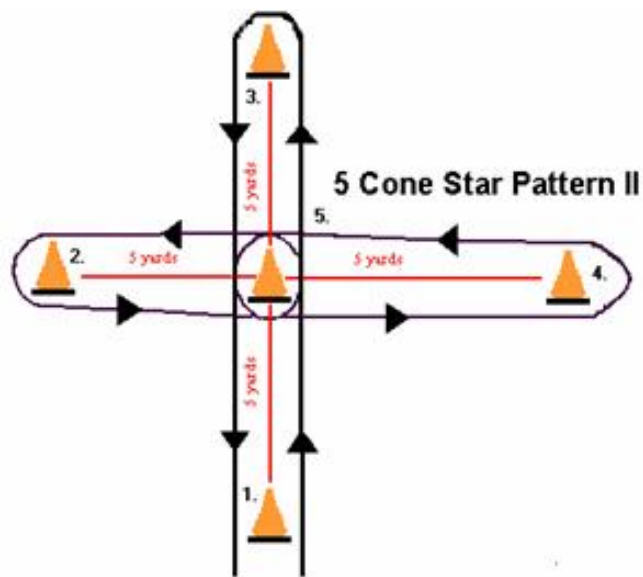
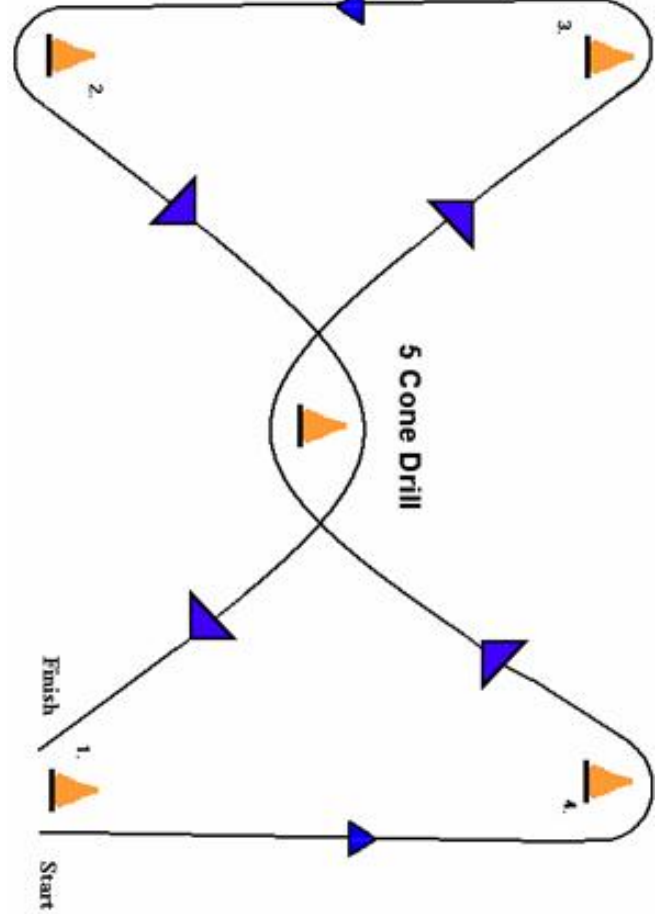
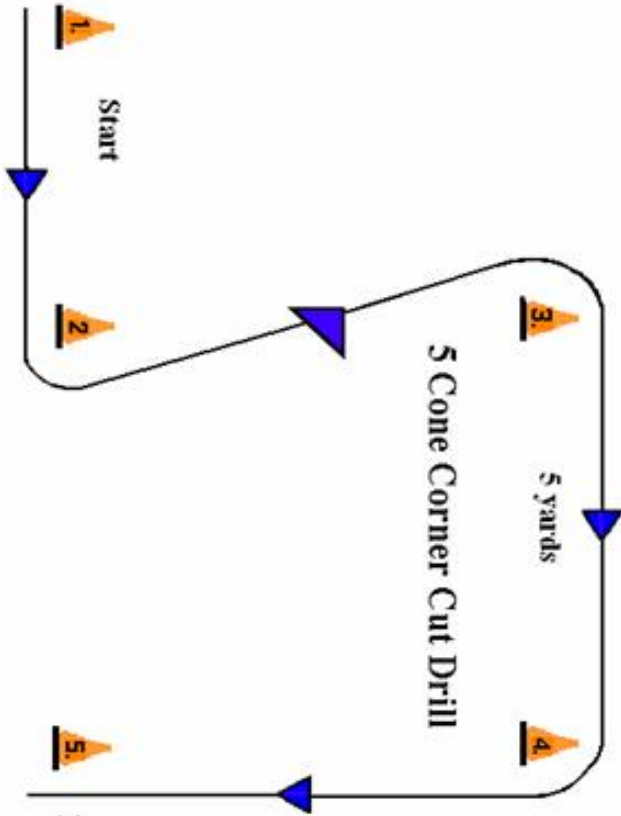
Cone Sprint Drill

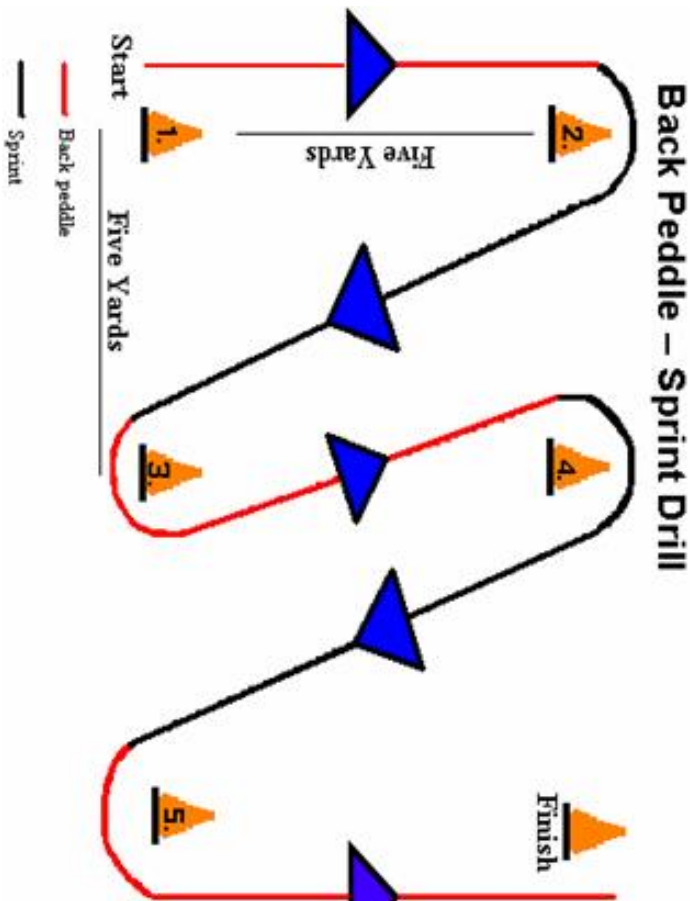
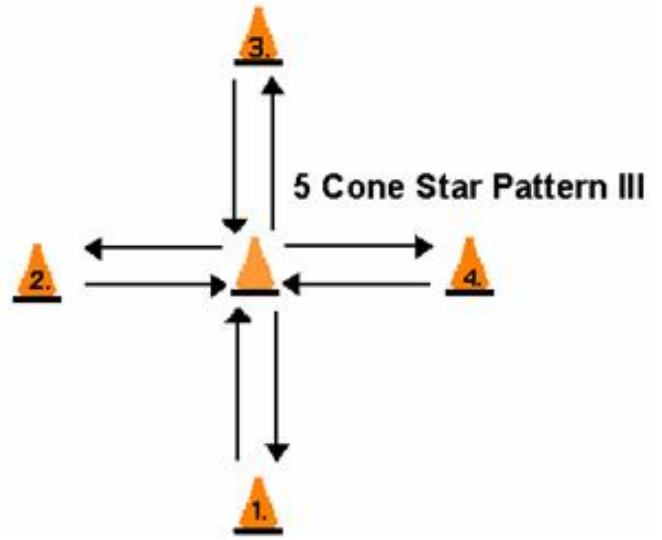
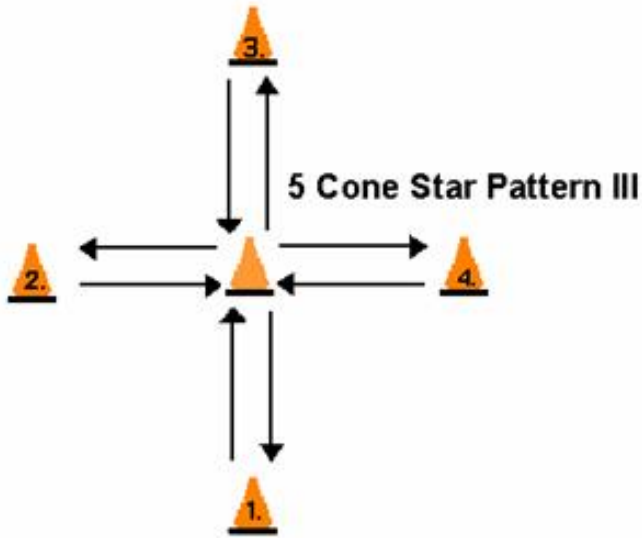


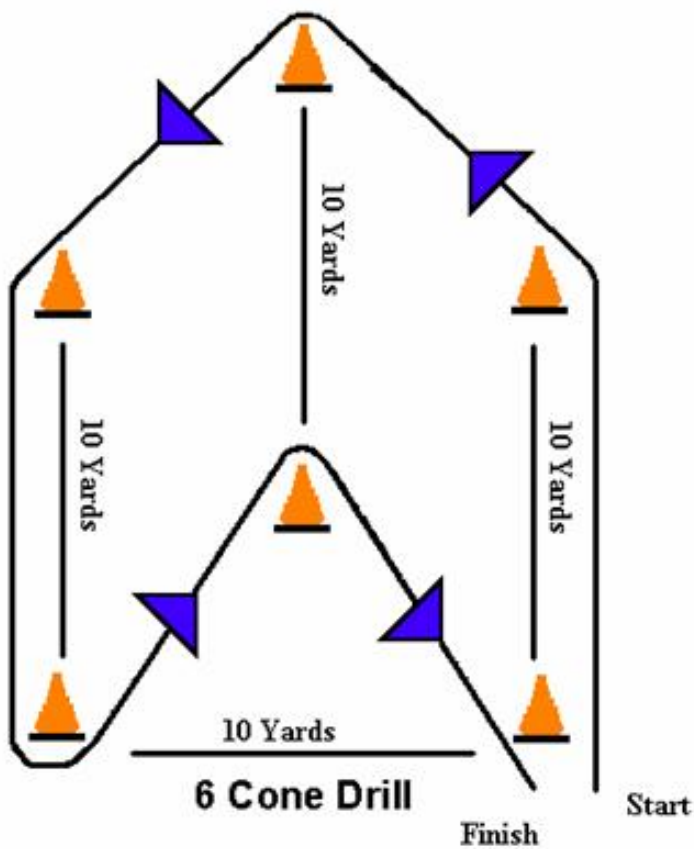
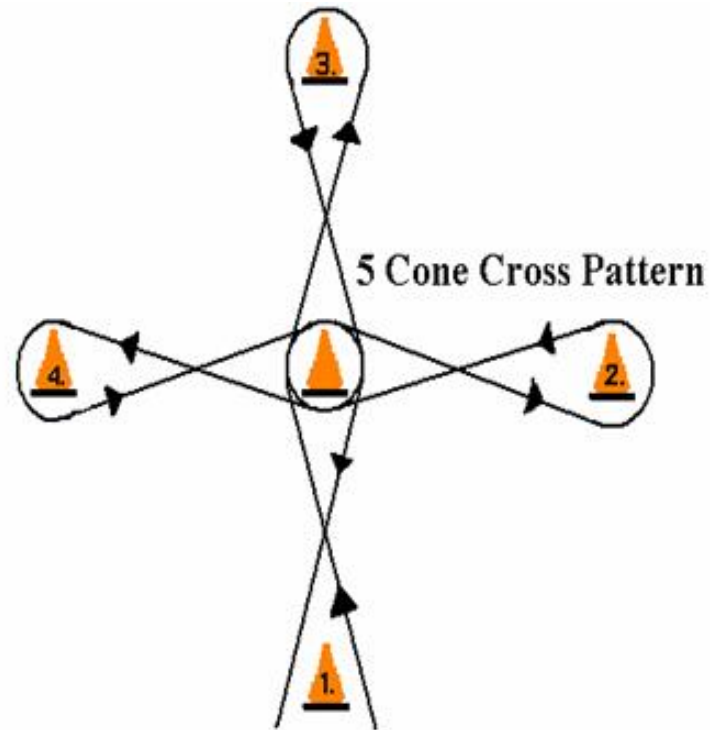
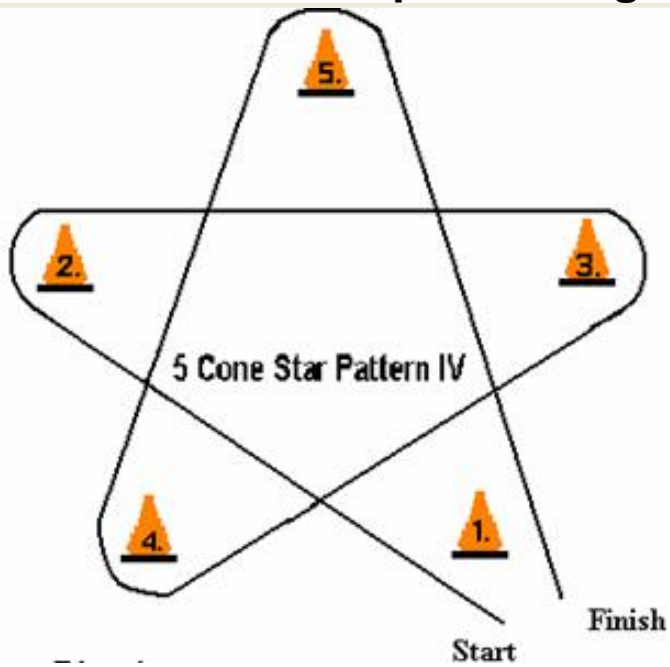
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4 Cone "D" Drill



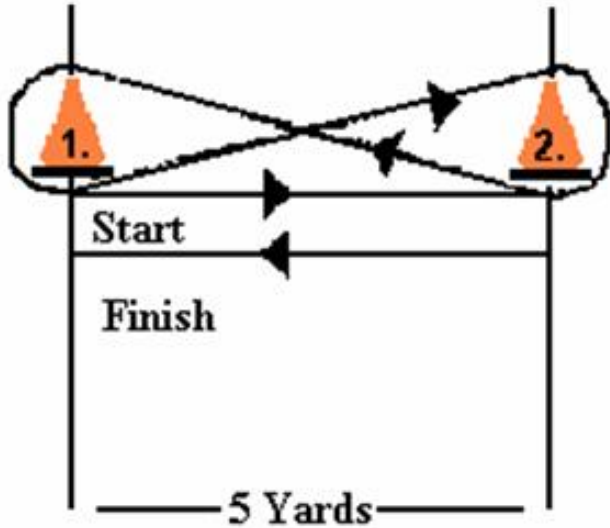




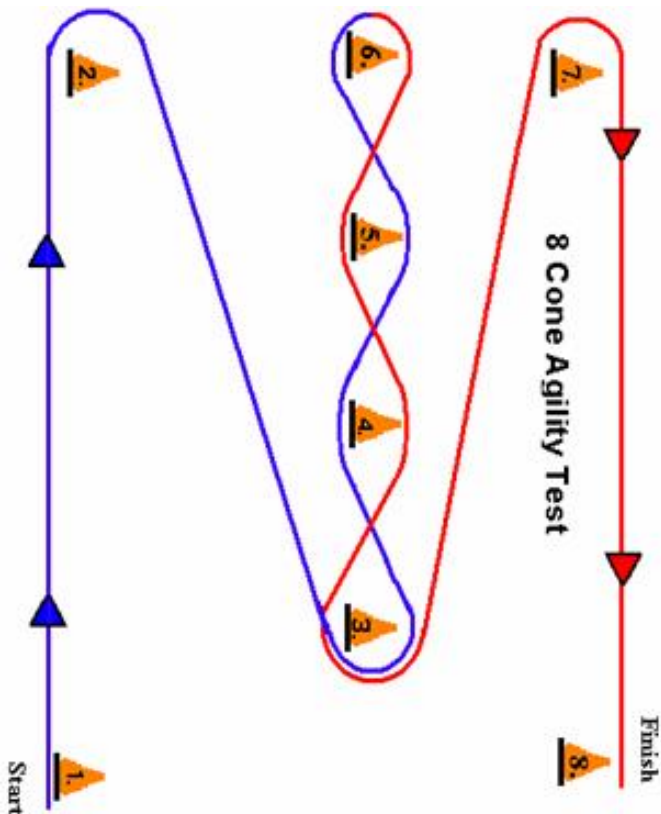
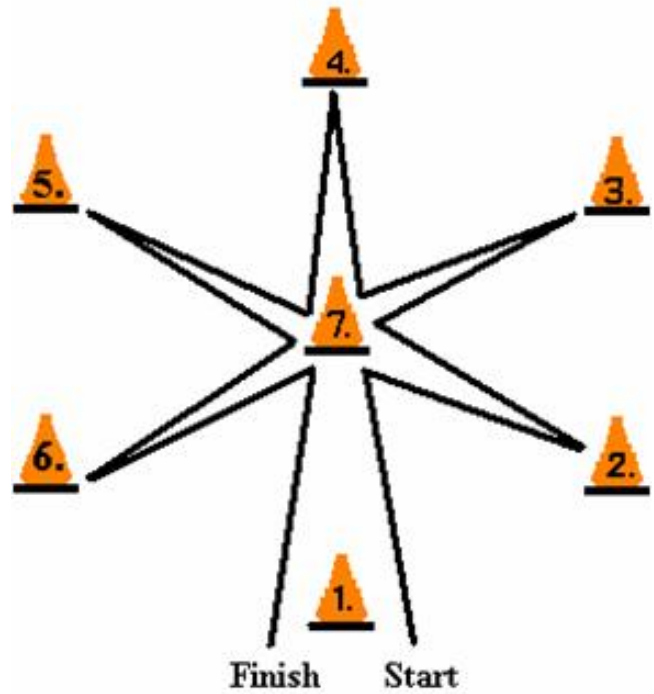


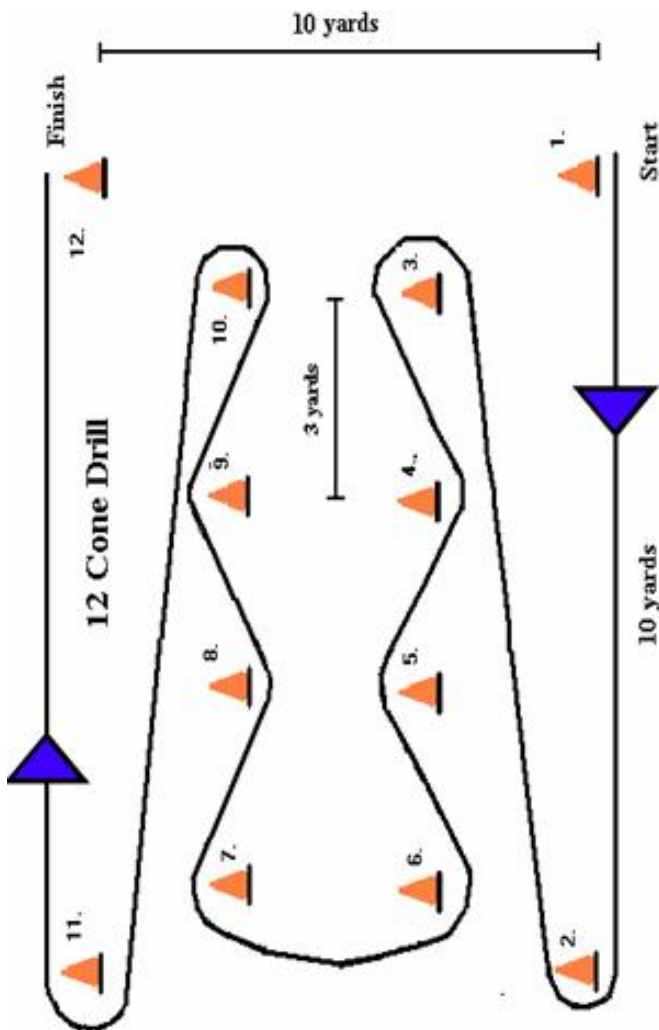
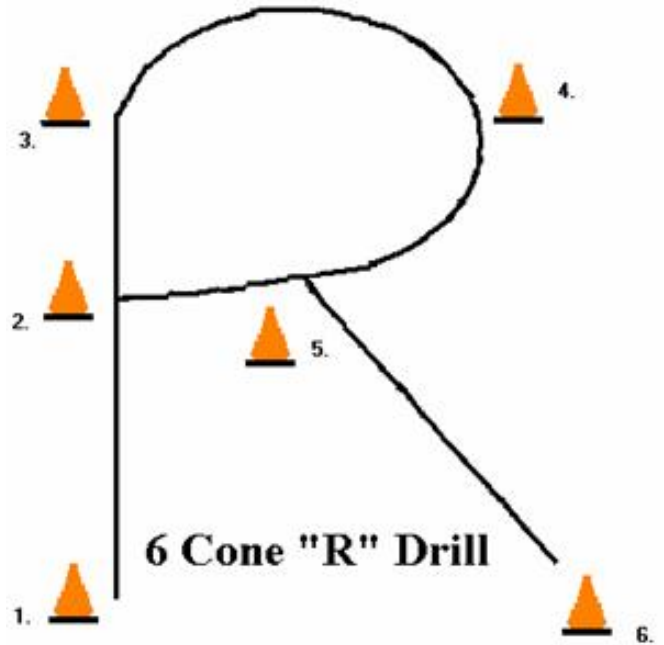
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5 Yard Figure 8 - Sprint



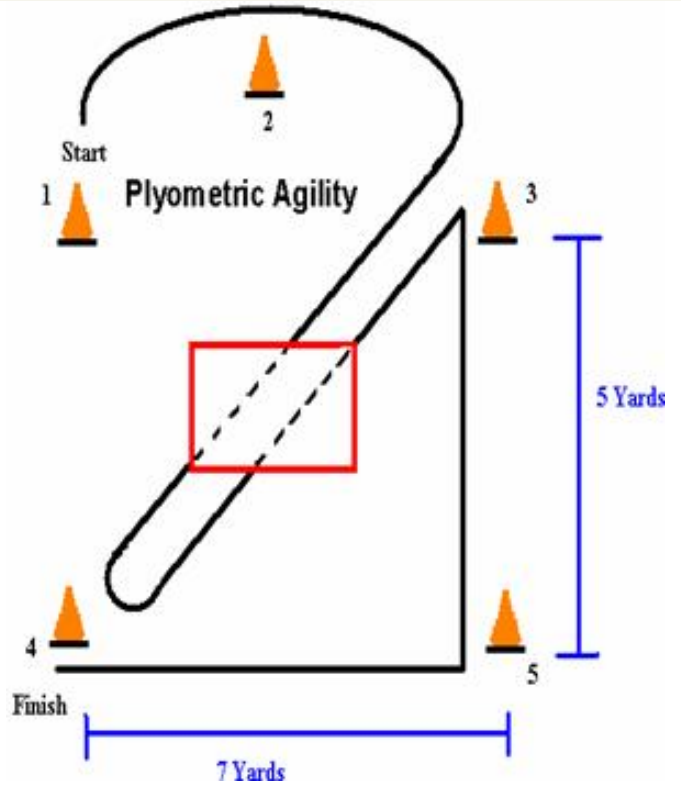
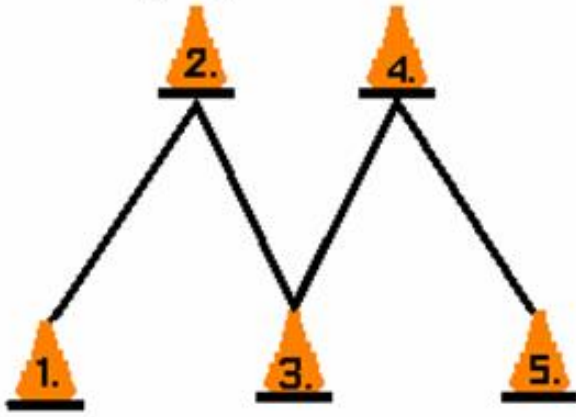
7 Cone Star Drill



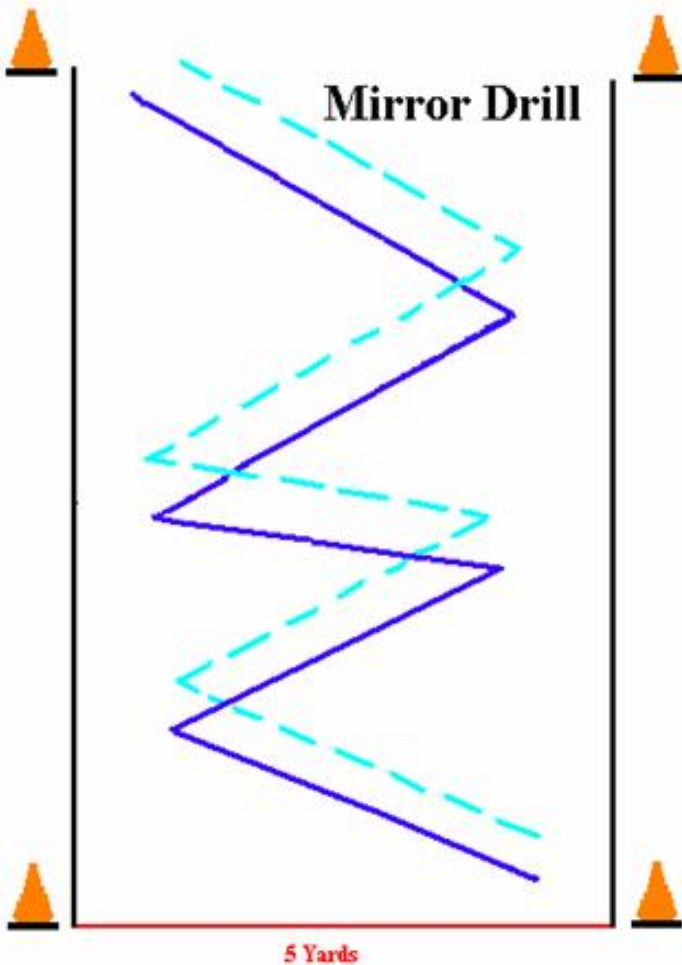


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Mighty Minnesota



Mirror Drill



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