



HOCKEY CANADA – SKILLS OF GOLD

Offensive Tactics – Skills Checklist



Inventory of Offensive Tactics

Individual Offensive Tactics		SEP	OCT	NOV	DEC	JAN	FEB	MAR	MAR
1.1	Fakes								
1.1.1	Body fakes								
1.1.2	Stick fakes								
1.1.3	Fake inside/go outside								
1.1.4	Fake outside/go inside								
1.1.5	Change of pace								
1.2	Passing Fakes								
1.2.1	Fake pass								
1.2.2	Look away								
1.2.3	Fake pass – toe drag								
1.2.4	Fake drop pass								
1.2.5	Fake pass - shoot								
1.3	Shooting Fakes								
1.3.1	Fake shot – deke								
1.3.2	Fake wrist shot								
1.3.3	Fake slap shot								
1.3.4	Fake shot – pass								
1.3.5	Fake shot - shoot								
1.4	Puck Protection								
1.4.1	Puck protection basics								
1.4.2	– turnbacks								
1.4.3	– loose puck								
1.5	One on One Puck Moves								
1.5.1	Attack triangle – puck under stick								



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1.5.2	Attack triangle – puck between legs								
1.5.3	Puck back through legs								
1.5.4	Toe drag								
1.5.5	Body / puck opposite								
1.5.6	Double fake								
1.5.7	Slider								
1.5.8	Spin-o-rama								
1.5.9	360 move								
1.5.10	Drop puck in skates								
1.5.11	Puck outside defender-body inside								
1.5.12	Toe drag - puck off skate								
1.5.13	Leave puck – go around								
1.5.14	Miss puck then deke								
1.5.15	Flip puck over stick								
1.5.16	Defender as a screen								
1.5.17	Heel to heel move								
1.5.18	Back pass off boards								
1.5.19	Bounce puck off net								
1.6 Non Puck Roles									
1.6.1	Close/available support								
1.6.2	Picks and screens								
1.6.3	Decoy skate								
1.6.4	Defense stagger								
1.6.5	Flat skating								
1.6.6	Control skating								
1.6.7	Facing the puck carrier								
1.6.8	Saving ice								



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Individual and Group Offensive Tactics		SEP	OCT	NOV	DEC	JAN	FEB	MAR	MAR
Offensive Tactics - Defensive Zone									
2.1 Puck Retrievals									
2.1.1	Escape moves								
2.1.2	Puck retrieval basics								
2.1.3	Puck retrieval – quick up								
2.1.4	Puck retrieval – wheel								
2.1.5	Puck retrieval – turnback								
2.1.6	Puck retrieval – over pass								
2.1.7	Puck retrieval – reverse								
2.2 First Puck Options / Pass Reception									
2.2.1	Direct pass – wall								
2.2.2	Direct pass – midlane								
2.2.3	Rim pass								
2.2.4	Direct pass – relay								
2.2.5	Direct pass – punchback								
2.2.6	Direct pass – slash								
2.2.7	Chip pass								
Offensive Tactics- Neutral Zone									
3.1 Puck Retrievals									
3.1.1	Cross and drop								
3.1.2	Pass and follow								
3.1.3	Cross and carry								



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3.1.4	Cross and lateral pass								
3.1.5	Give and go								
3.1.6	Headman								
3.1.7	Stretch skate and pass								
3.1.8	Chip pass								
3.1.9	Pass redirection								
3.1.10	Area pass								
3.1.11	Ladder								
3.1.12	Jackhammer								
3.2 Regroups and Counters									
3.2.1	Regroups								
3.2.2	Counter attacks								
Offensive Tactics –Offensive Zone									
4.1 Attack Options off the Rush									
4.1.1	Net drive								
4.1.2	Middle drive								
4.1.3	High delay								
4.1.4	Low delay								
4.1.5	Attack triangle – drive, drive, high support								
4.1.6	Attack triangle – drive, middle drive, high support								
4.1.7	Attack triangle – puck high, drive, drive								
4.1.8	Fourth attacker								
4.2 Secondary Options									
4.2.1	High walkout								
4.2.2	Low walkout								



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4.2.3	Behind the net walkout								
4.2.4	Wrap around – near post								
4.2.5	Wrap around – far post								
4.2.6	Fake wrap around – pivot and shoot								
4.2.7	Fake wrap around – pass short side								
4.2.8	Give and go out of corner								
4.2.9	Give and go behind the net								
4.3 Cycling									
4.3.1	Low cycle								
4.3.2	High cycle								
4.3.3	Behind the net cycle								
4.3.4	Double side cycle								
4.3.5	Change point of attack								
4.4 Attack Options from the Point									
4.4.1	Drag and shoot								
4.4.2	Sprint and shoot								
4.4.3	One timers								
4.4.4	Defence – back door								